



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# **CANAL FULTON YMCA SILVERSNEAKERS EXERCISE CLASSES**

The YMCA of Central Stark County is offering SilverSneakers classes in Canal Fulton that will be held at the Northwest Stark Senior Center starting Monday, June 10. SilverSneakers is a chair based exercise class for functional fitness.

**Please contact Pam Leddon at [pleddon@ymcastark.org](mailto:pleddon@ymcastark.org) or at 330-830-6275 for more information.**

**Fee:** check one below

\_\_\_\_\_ SilverSneakers eligible/YMCA of Cent. Stark member: FREE (must fill out SilverSneakers paperwork)

\_\_\_\_\_ NWSSC members: \$1.00/class

\_\_\_\_\_ Non- Members: \$2.50/class

(financial assistance is available)

**You will be able to purchase a \$10 or a \$20 punch card.**

**When: Starts Monday, June 10, 2013**

Mondays 9:15 – 10:15 am

Fridays 9:15 – 10:15 am

**Location:** NWSSC 853 Locust St., Canal Fulton, OH, 330-854-6307

**Register:** At the Paul and Carol David YMCA, 7389 Caritas Circle NW, Massillon, OH 44646 or we will accept walk –in registrations at the NWSSC before class times listed above.

Questions: **Come see us at the NWSSC at the Community Lunch on Tuesday, May 28 from 10 am – 1 pm.**

## **Registration Information**

Name \_\_\_\_\_ Phone \_\_\_\_\_ Birthday \_\_\_\_\_  
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

### **Release and Waiver of Liability**

I hereby accept all responsibility for, and assume the risk of any injury or damage to my person or dependant children which might arise directly or indirectly as a result, and or participation in a YMCA of Cen. St. Cty. Program. I hereby expressly release, discharge and hold harmless from any liability whatsoever the YMCA, the various branches and subdivisions thereof, and all employees and volunteers in their capacities as representatives of the YMCA, expressly including, but not limited to, the Board of Trustees of the YMCA, except for injuries caused intentionally, or by willful misconduct. I certify that I am familiar with the contents of this release, that I have read and understand the same, and that it is my intention by signing this release that the same be binding not only on me, but my heirs, administrators, executors, successors and assigns. I understand that the YMCA of Central Stark County is NOT responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities or on YMCA premises.

Signature (parent if under 18)

**Paul & Carol David YMCA**  
7389 Caritas Cir NW  
Massillon, OH 44645  
330 830 6275 [www.ymcastark.org](http://www.ymcastark.org)